

3. The skin contains sweat glands that produce sweat in response to excess heat. The sweat evaporates from the skin's surface.

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1. The skin protects the body from the environment, regulates body temperature, and keeps body fluids from evaporating.

2. Sun exposure can disrupt the normal function of the skin and lead to conditions such as dry or wrinkled skin, sunburn, and skin cancer.



1. What is the purpose of skin?
2. What skin conditions can result from long-term exposure to the Sun?
3. How does skin help the body cope with excess heat?